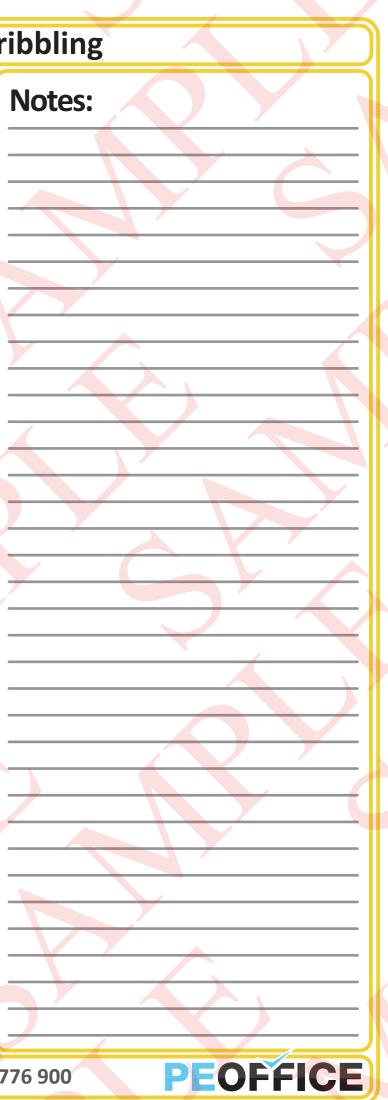
|   | lockey  |     | Indian Dri  |
|---|---|-----|---|
| 3 Y /   | N 5   | YAN | 6 Y A N   |
| <ul> <li>Ask how you can improve Indian dribbling skills.</li> <li>4 Y</li> </ul>   | <ul> <li>Show development in a range of physical attributes combined with a logical thought process and determination to show an improvement in your Indian dribbling performance.</li> </ul>                                 | 000 | <ul> <li>Use the Indian dribble effectively.</li> <li>Suggest ways how someone can improve<br/>Indian dribbling activity or a team play<br/>when performing (e.g. Body position or<br/>timing).</li> </ul>                  |
| <ul> <li>Indian dribbling and keep my head up.</li> <li>Suggest more than one way on how to improve own performance in either</li> </ul>          | <ul> <li>Show development in a range of physical<br/>attributes combined with a logical thought<br/>process and determination to show an<br/>improvement in your Indian dribbling<br/>performance.</li> </ul>                 | 000 | <ul> <li>Show more precision when you Indian<br/>dribble the ball and have time and space<br/>in attacking situations.</li> <li>Show more Indian dribbling precision<br/>when I have time and space in attacking</li> </ul> |
| isolated Indian dribbling drills or games<br>(e.g. unsuccessful pass, shots on goal, poor<br>body positioning, goal side marking,<br>fast break). | <ul> <li>Modify and refine skills such as Indian<br/>dribbling techniques to improve your<br/>performance.</li> </ul>   | 000 | situations.<br>• Lead Indian dribbling specific practices,<br>applying rules consistently.  |
|   | <ul> <li>Lead Indian dribbling specific practices<br/>safely with small groups.</li> <li>Lead Indian dribbling specific practices<br/>safely and explain how the body reacts<br/>during a stinity.</li> </ul>                 | 000 | <ul> <li>Indian dribble accurately and powerfully<br/>and demonstrate how to be imaginative in<br/>your attempts to solve problems when<br/>attacking.</li> <li>Consistently use Indian dribbling skills</li> </ul>         |
|   | <ul> <li>during activity.</li> <li>Indian dribble the ball using a reverse grip<br/>and a regular grip and perform the hit,<br/>push, slap and flick competently.</li> </ul>  | 000 | Consistently use Indian dribbling skills     with fluency and control, showing more     precision when time and space allow and     incorporate these when attempting to     outwit opponents (e.g. Successful dribbling    |
|   | <ul> <li>Identify what you need to improve your<br/>Indian dribbling and carry out these<br/>improvements during games and attacking<br/>practices when performing.</li> </ul>  |     | <ul> <li>and dodge).</li> <li>Consistently use Indian dribbling skills with occuracy, speed and control when performing.</li> </ul>   |
|   | • Identify and comment on some technical<br>aspects of your Indian dribbling<br>performance, what you need to do to<br>improve and carry out ideas and practices<br>given by your coach.                                      | 000 | Analyse how Indian dribbling     skills/techniques have been used in     activities to outwit opponents and describe     the impact of these skills. Suggest ways to  |
|   | • Demonstrate more complex ways to beat<br>an opponent when Indian dribbling such<br>as dummy's and feints.   | 000 | improve.  |
|   | <ul> <li>Change your actions in response to<br/>changes in your environment when<br/>performing the Indian dribble.</li> <li>Change my actions in response to changes<br/>in my environment when Indian dribbling.</li> </ul> | 000 |   |
|   | <ul> <li>Can adequately perform an Indian dribble.</li> <li>Adequately perform an Indian dribble.</li> </ul>  | 000 |   |
|   |   |     |   |
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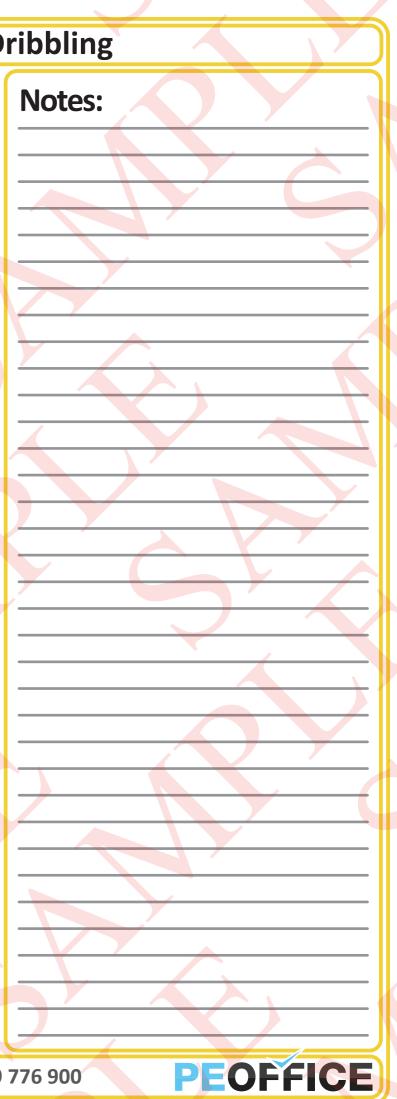


|  | Hoc          | Indian Dr  |        |
|--|--------------|--|--------|
| 7  | YAN          | 9 Y A N  | Notes: |
| <ul> <li>Use a range of Indian dribbling methods.</li> <li>Performs stick and body feints to beat opponent.</li> <li>Minimise your errors when Indian dribbling at speed.</li> <li>Indian dribble the ball with excellent pace and accuracy using various skills when performing.</li> <li>Demonstrate how advanced Indian dribbling skills and techniques can be incorporated into practices or game play (e.g. Control, dummying, side stepping, quick breaking, competent use of the reverse side of the stick, channel play).</li> <li>Change pace and direction when Indian dribbling.</li> </ul> |              | <ul> <li>Solve the problem of how a performer can improve by planning a detailed training programme that relates to Indian dribbling, taking into consideration their strengths, weaknesses, show a technical understanding of the activity, building up in preparation for a competitive match followed by comprehensive recovery.</li> <li>Consistently use and apply advanced Indian dribbling skills, techniques and ideas, always showing high standards of precision, control, fluency and originality when performing (e.g. controlling, dummying, side stepping, quick breaking, quality use the reverse side of the stick, breaking up play).</li> <li>Improve your own or/and others Indian</li> </ul> |        |
| <ul> <li><b>8</b></li> <li>Demonstrate a successful Indian dribbling performance whilst changing and adapting it to the changing circumstances when performing e.g. running towards and breaking down a defensive line, fast break.</li> <li>Critically evaluate the quality of your own and others Indian dribbling performance, showing that you understand the impact of Indian dribbling skills, strategy and tactics on the quality of performance when trying to outwit opponents. Act instantly on this information and over time bring</li> </ul>  | Y A N<br>000 | dribbling performance by consistently<br>analysing performance and give detailed<br>feedback using technical and tactical advice<br>as to how changes of strategies, skills,<br>tactics, techniques and fitness can affect<br>the quality and outcome of performance.<br>• Critically analyse and judge your own and<br>others Indian dribbling performance,<br>showing that you understand how Indian<br>dribbling skills, strategy and tactics and<br>fitness relate to and affect the quality and<br>originality of performance when outwitting<br>opponents.   |        |
| <ul> <li>about improvements.</li> <li>Consistently show high standards of<br/>precision, control, fluency and originality<br/>when Indian dribbling to outwit opponents<br/>e.g. Dummying, quick breaking, quality use<br/>of the reverse side/grip of the stick within<br/>all aspects of hockey.</li> <li>Consistently distinguish between<br/>advanced Indian dribbling skills, techniques<br/>and ideas and apply this when outwitting<br/>opponents.</li> </ul>   |              |  |        |

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